

Cue Sheet: GMBC Windsor County Cruising Ride

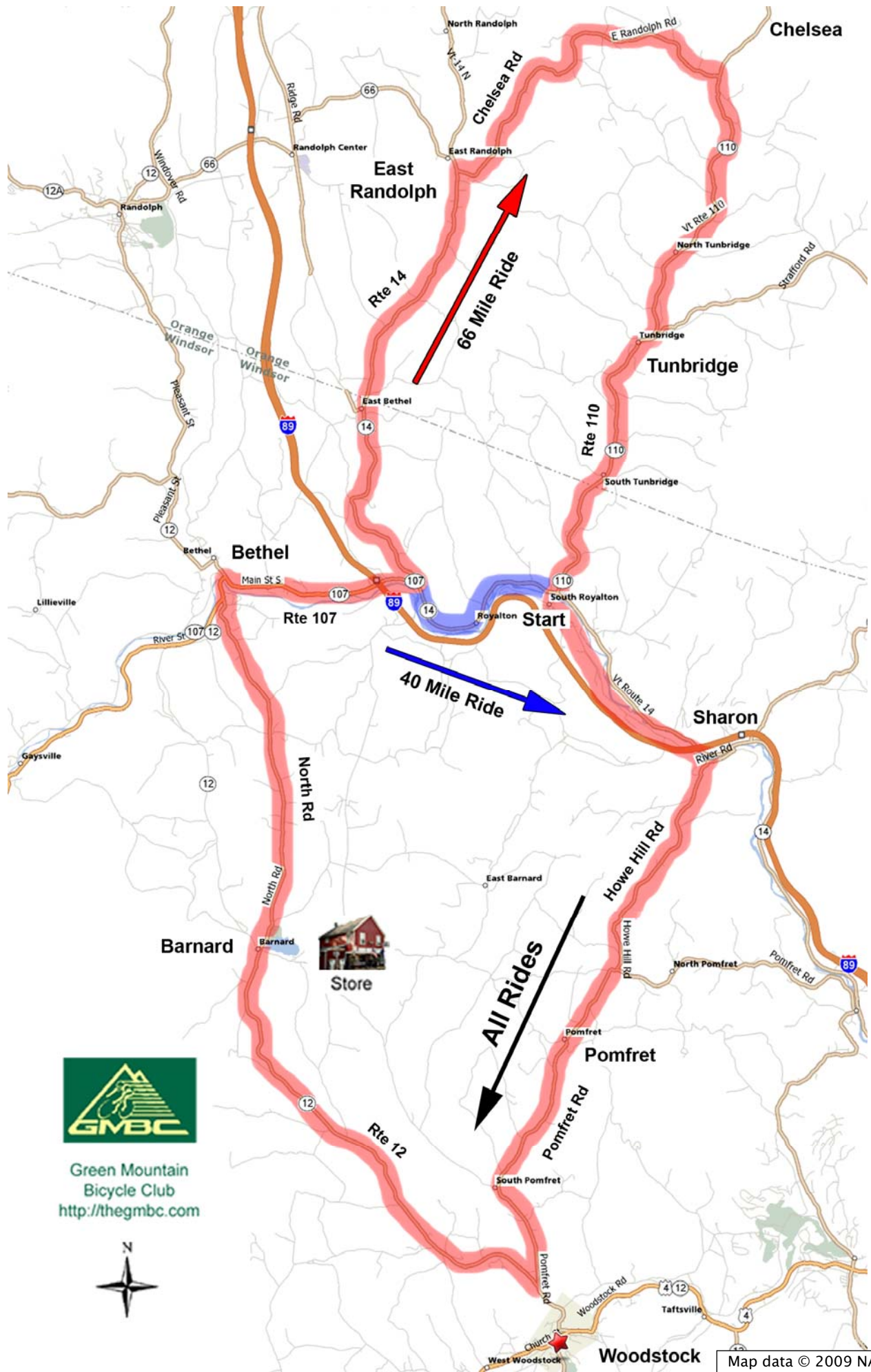
Mile	Increment	Instruction	Compass
0	0	Start at north side of town green. Head south on So. Windsor St.	SE
4.1	4.1	Turn right onto Howe Hill Rd.	S
8.6	4.5	Turn right onto Pomfret Rd.	W
13.3	4.7	Turn left at stop sign, continuing on Pomfret Rd.	S
15.3	2	Turn hard right onto Rte 12	NW
24.3	9.0	Turn right onto North Rd. Break at Silver Lake State Park, ahead on right, then continue on North Rd.	NNE
31.5	7.2	Turn right onto Rte 12	N
31.9	0.4	Turn right onto Rte 107 at the wall	SE
35.3	3.4	Long ride turns left onto Rte 14. Short ride turns right, returning to start.	N, S
44.2	8.8	Turn right onto Chelsea Rd	E
50.9	6.8	Turn right onto Rte 110. Return to start.	S
62.2	11.3	End.	-

Route Details: <http://tinyurl.com/WindsorCty66>

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Single up when cars are passing, out of courtesy.
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun!**

GMBC Windsor County Cruising



Green Mountain
Bicycle Club
<http://thegmbc.com>

