

Cue Sheet: Waitsfield & Waterfalls Ride

Note: Mileage information for reference only.

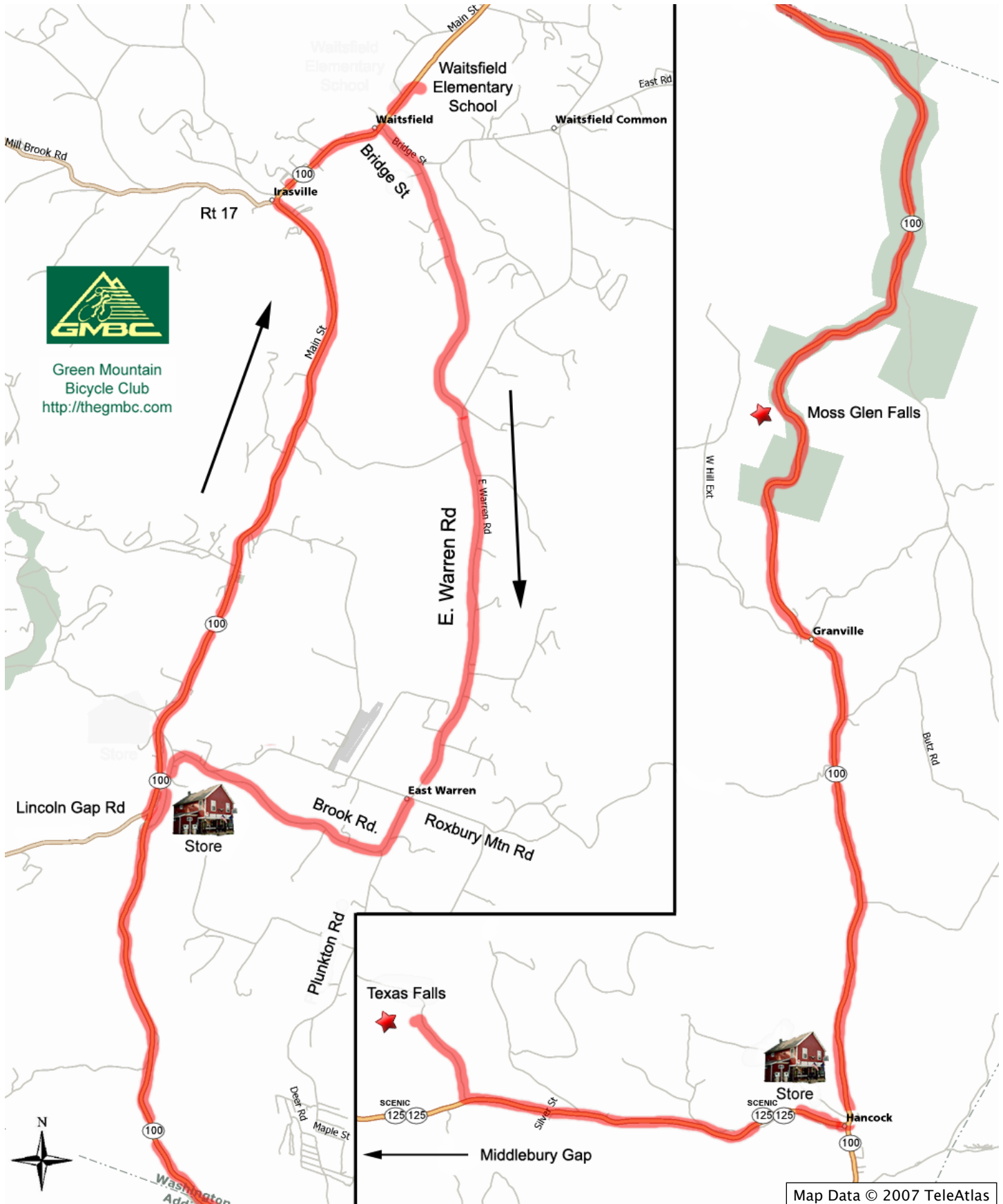
Mile	Increment	Distance From End	Instruction	Compass
0.0	-	52.6	Start at Waitsfield Elementary School. Head south on Rte 100	S
0.4	0.4	52.2	Turn at the first left, unto Bridge St.	SE
0.8	0.4	48.8	Bear right onto E. Warren Rd. at intersect. with Joslin Hill Rd.	SSE
6.4	6.0	46.2	E. Warren Rd becomes Brook Rd at intersection with Roxbury Mtn. Rd. Follow Brook Rd in to Warren.	SW
8.7	8.3	43.9	Turn left onto Main St. Regroup at General Store.	S
9.4	0.7	43.2	Turn left, heading south on Rte 100	SSW
17.3	7.9	35.3	Regroup at Moss Glen Falls. Short ride returns to Waitsfield on Rte 100 after break, Long ride continues south.	S
23.7	6.4	28.9	Turn right onto Rte 125	WNW
26.7	3.0	25.9	Turn right onto Texas Falls Rd	NNW
27.5	0.7	25.2	Stop at Texas Falls Recreational Area.	S
28.2	0.8	24.4	On returning to Rte 125, either turn right to climb Middlebury Gap (steep) or turn left and return to Hancock General Store and regroup.	E
31.2	3.0	21.4	Turn left onto Rte 100 north	NE
52.6	21.4	0.0	End at school	-

Route Details: <http://tinyurl.com/3717jh>

Ride Rules

- Everyone must wear a helmet and straps should be adjusted correctly.
- Follow all traffic laws, including obeying signals.
- If the ride will wait for people at intersections, discuss this at the start.
- Use your own judgment at each stop sign. Don't yell out "Clear" for the next rider.
- Use hand signals for turns and to point out road hazards (If there are new people, review the rules.)
- Wear visible clothing. In fog and rain, you might also want lights.
- If there is a thunderstorm, get away from your bicycle and seek shelter in a building or a stand of trees (not a lone tree).
- Get license plate or description of harassing drivers, and report it to the police, the ride leader and the Vt Bike/Ped Coalition.
- Single up when cars are passing, out of courtesy.
- Wave your thanks to drivers who are polite and wait for you or even drivers who are a little rude.
- Finally, a quick safety check for your bike: ABC Quick Check
 - A=Air in tires
 - B= Brakes working
 - C=Chain lubed and crank in good shape
 - Quick=Quick releases tight
 - Check=Make sure everything else seems OK
- **Have Fun**

GMBC Waitsfield & Waterfalls Ride Map



Green Mountain
Bicycle Club
<http://thegmbc.com>