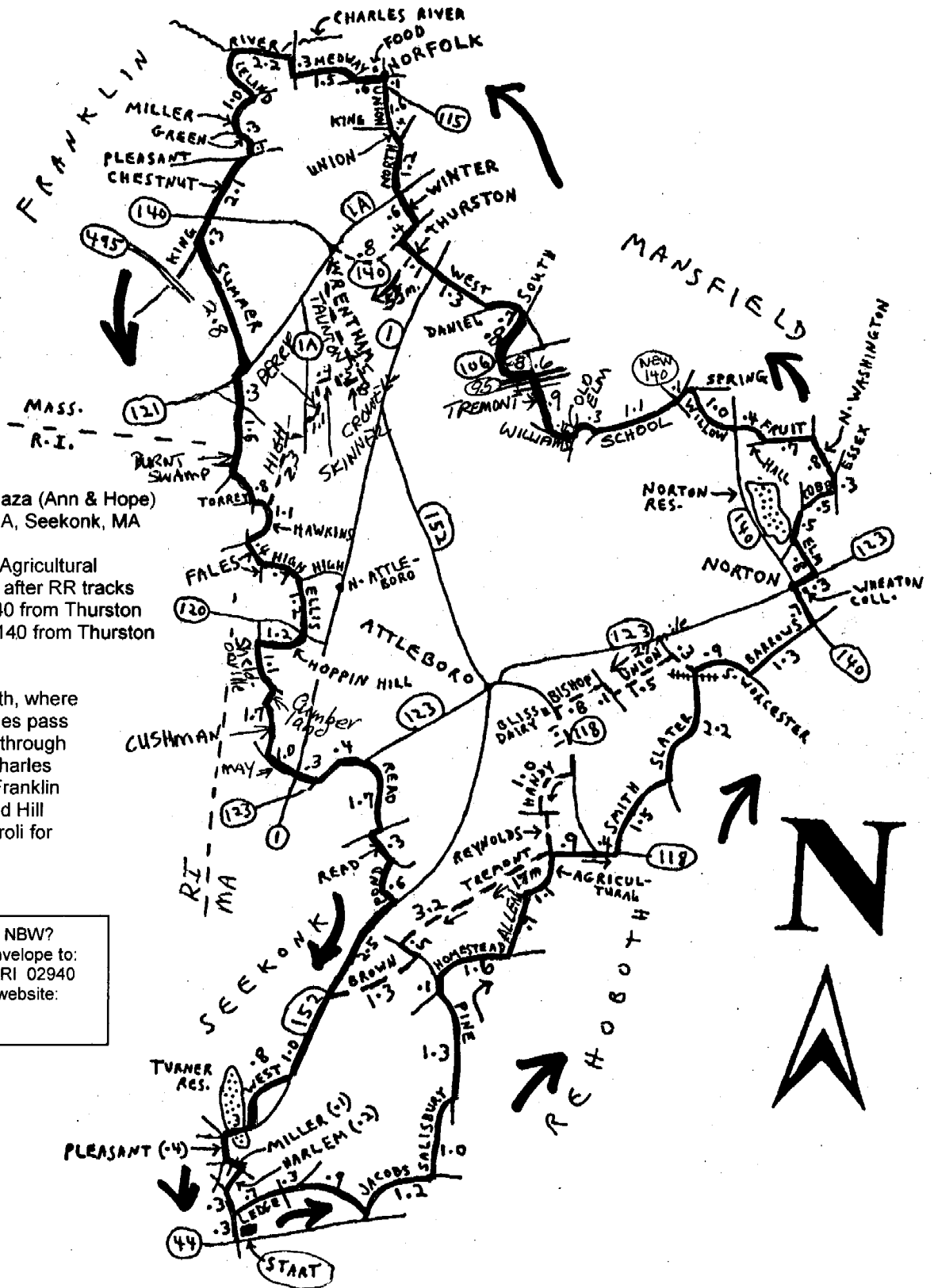


SCRAMBLE METRIC

Seekonk-Mansfield-Norfolk-Wrentham-Attleboro

17-27-53-65 miles



START: Seekonk Town Centre plaza (Ann & Hope)  
Junction Rts 44 and 114A, Seekonk, MA

17 miles: Left onto Tremont from Agricultural  
27 miles: in Norton, bear Left just after RR tracks  
53 miles: in Wrentham, Left on 140 from Thurston  
65 miles: in Wrentham, Right on 140 from Thurston

SCENIC NOTES:

From Seekonk head into Rehoboth, where the short rides split off. Longer rides pass Wheaton College in Norton, then through Mansfield, heading north to the Charles River in Norfolk. Return through Franklin then Sheldonville, via the Diamond Hill Reservoir. Thanks to Don Chiavaroli for updating this ride.

INTERESTED IN JOINING THE NBW?  
Send a self-addressed, stamped envelope to:  
NBW, PO Box 41177, Providence, RI 02940  
Or print the application from our website:  
[nbwclub.org](http://nbwclub.org)

HELMETS ARE REQUIRED  
TO PREVENT SERIOUS  
HEAD INJURIES