

# Narragansett Bay Wheelmen

## Lincoln- Cumberland Ride #50

Extension by Marteen Broess  
to Sheldonville & West Wrentham

14/25/30/41 Mile Rides

(amended March, 2003, awb)

**Start: LINCOLN MALL**  
Rt. 116, Lincoln, RI

14 mi.: Straight on 122, turn  
left onto Rt. 116

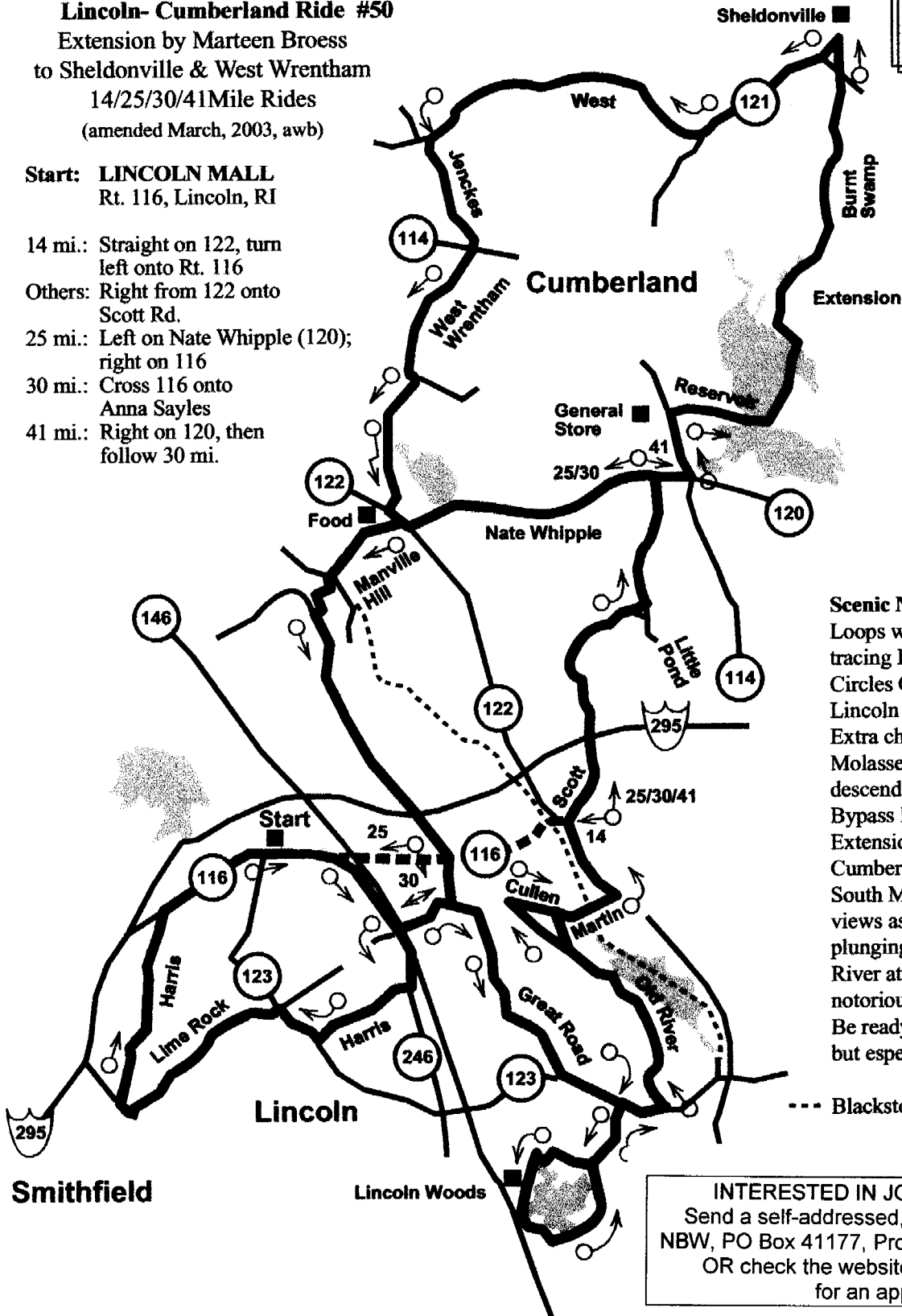
Others: Right from 122 onto  
Scott Rd.

25 mi.: Left on Nate Whipple (120);  
right on 116

30 mi.: Cross 116 onto  
Anna Sayles

41 mi.: Right on 120, then  
follow 30 mi.

**HELMETS  
SAVE LIVES**



### Scenic Notes:

Loops with increasing challenges tracing Blackstone River Valley. Circles Olney Pond in Lincoln Woods State Park. Extra challenge for all: climb Molasses Hill and carefully descend Cullen to a stop sign. Bypass leads to a hairpin turn. Extension rolls across Cumberland Reservoir through South Massachusetts. Fine ridge views as you steadily climb until plunging back to Blackstone River at Manville down notorious Cumberland Hill. Be ready to stop at any time but especially at the bottom.

--- Blackstone Bike Path

INTERESTED IN JOINING THE NBW?  
Send a self-addressed, stamped envelope to:  
NBW, PO Box 41177, Providence, RI 02940-1177,  
OR check the website: [www.nbwclub.org](http://www.nbwclub.org)  
for an application.

**HELMETS ARE REQUIRED TO  
PREVENT SERIOUS HEAD INJURIES**

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