

### CBBC Cue Sheet: Hills of Lebanon

Start location: Cokesbury Rd, Lebanon, NJ

Terrain: Hilly

Distance: 65.00 miles

Dir	Leg	Miles	Road	Dir	Leg	Miles	Road
S		0.0	at Main St & Cokesbury Rd	R@T	0.8	37.6	Hill Rd (Rte 628)
			Northbound on Cokesbury Rd (Rte 639) (530' climb)	L@T	1.2	38.8	Main St
X			Rte 22	R	0.5	39.3	Sanatorium Rd
BR	3.1	3.1	at Rte 639, onto Califon-Cokesbury Rd (310' climb)	L		39.3	Rte 31
L	1.2	4.3	Mountain Grove Rd	QR	0.1	39.4	40.0 Thomas Rd
R	0.9	5.2	Hoffman Crossing Rd	BR			at Polktown Rd, stay on Thomas Rd
R@T	1.0	6.2	Rte 513 (High Bridge Califon Rd)	R			at Gross Rd, stay on Thomas Rd
L	0.4	6.6	Hickory Run Rd (480' climb)	L@T	1.0	40.4	Black Brook Rd
L@T	1.6	8.2	E.Hill Rd	R	0.8	41.2	Hackett Rd
R	0.3	8.5	Woodglen Rd (store)	R@T	1.6	42.8	Charlestown Rd (Rte 635) (climb)
R@Y	0.9	9.4	Little Brook Rd	L	0.8	43.6	Mine Rd
R@T	1.3	10.7	Sliker Rd	R	1.0	44.6	Ludlow Station Rd (descent)
R	1.4	12.1	Rte 513 (High Bridge Califon Rd)	R@T	1.5	46.1	W.Portal Rd
L	0.1	12.2	Rte 512 (Main St)	R@T	0.2	46.3	River Rd
BR@Y	0.6	12.8	stay on Rte 512 after bridge (Academy Rd) (420' climb)	R	0.2	46.5	Iron Bridge Rd (climb)
			b/c Fairmount Rd	L	1.0	47.5	Rounsaville Rd ( b/c Thrush Ln)
L	2.1	14.9	Beavers Rd	L@T	0.8	48.3	Charlestown Rd (Rte 635)
R	1.8	16.7	W.Valley Brook Rd (340' climb)	R	1.2	49.5	Charlestown Ln
L	1.3	18.0	Beacon Hill Rd	L@T	0.4	49.9	Black Brook Rd
L@T	1.6	19.6	Rte 513 (W.Mill Rd)	R	0.1	50.0	Glen Manor Dr
R	0.6	20.2	Middle Valley Rd (470' climb)	X	0.7	50.7	Rte 31 (b/c School Rd)
R	0.6	20.8	Zellers Rd	R	0.1	50.8	Main St
L@T	1.7	22.5	Pleasant Grove Rd	L	0.6	51.4	Sanatorium Rd (370' climb)
R	1.1	23.6	Stephensburg Rd	BR@Y			at Mt. Kipp Rd, stay on Sanatorium Rd
L	1.5	25.1	Old Turnpike Rd		1.4	52.8	b/c Skinner Rd (descent)
L	0.2	25.3	Mount Lebanon Rd (420' climb)	L@T	0.4	53.2	Rocky Run Rd (480' climb)
R	0.8	26.1	Penwell Rd/Pleasant Grove Rd	L@Y	1.2	54.4	Berk Lane
L	1.1	27.2	Turkey Top Rd (sharp L) (350' climb)	R@T	0.7	55.1	Hill Rd (Rte 628)
R@T	1.1	28.3	Mount Lebanon Rd	R	0.7	55.8	Hickory Run Rd
R@T	0.8	29.1	Point Mountain Rd (descent)	R@T	1.6	57.4	Rte 513 (High Bridge Califon Rd)
L	2.0	31.1	Rte 645 (Musconetcong River Rd)	L	0.4	57.8	Hoffman Crossing Rd (500' climb)
L	0.4	31.5	Mountain Top Rd (370' climb)	L@T	1.0	58.8	Mountain Grove Rd
R	1.5	33.0	Hollow Rd	R	0.9	59.7	Califon-Cokesbury Rd
L@T	1.3	34.3	Rte 645 (Musconetcong River Rd)	L@T	1.1	60.8	Rte 639
L@Y	0.2	34.5	Forge Hill Rd (200 & 110' climbs)	R@T	0.2	61.0	Cokesbury Rd
L	1.6	36.1	Red Mill Rd	X	3.0	64.0	Main St & Cokesbury Rd
R	0.7	36.8	Spruce Run Rd (190' climb)				

Comment: An extremely hilly ride. It starts and ends in Lebanon, NJ, and you pick up the directions from the intersection of Main St & Cokesbury Rd, just south of Rte 22.