



# Cape Ann from Manchester by the Sea

Full route 51 miles      Start: Manchester Memorial Elementary School, Lincoln St, Manchester the Sea, Massachusetts      [map to start](#)      By

Mile	Turn	Instruction
0	RT	Lincoln St.
0.1	LT	Rt. 127 (Summer st.)
1.2	RT	Ocean St.
2	RT	Rt. 127
2.4	RT	Raymond St. toward Magnolia
2.7	RT	Magnolia Ave
2.7	BR	Shore Ave.
3.4	LT	Hesperus St.
3.4	RT	Linden St.
3.5	S	Linden St.
3.6	RT	Norman/Hesperus
3.6		(Extra short LT on Norman)
5.3	RT	Rt. 127 (Western Ave.).
6.1	RT	Stage Fort Park
6.5	RT	Rt. 127
7.3	RT	Washington St. in Gloucester
7.4	LT	Rogers St.
8.5	RT	East Main St. keep bearing right on East Main
9.9	BL	Farrington
10.1	S	Farrington
10.1	Opt	RT Eastern Point out and back
10.6	LT	Atlantic Rd.
12.2	BL	Bear left at one way sign
12.6	S	Rt. 127A to Rockport (L, Med)
12.6		Short loop goes left on Bass Ave.
16.4	RT	Marmion Way
17.4	RT	Old Garden RD
18.1	RT	Highland Ave
18.1	RT	Main St. in Rockport
18.2	BL	Main St. /Rt. 127A
18.4	RT	at Captain's Bounty Inn
18.8	RT	Rt. 127 North
23.6	RT	Leonard St. (Annisquam Village)
24.3	LT	Bridgewater St.
24.4	S	pedestrian bridge
24.5	RT	Washington ST (Rte 127)
24.7	S	Rt. 127
24.7	Opt	LT Dennison St., Goose Cove RT Holly back to 127
25.5	LT	Stanwood Drive
25.6	RT	Cherry St.

26.9	LT	Poplar St.
27.1	RT	Maplewood Ave.
27.5	RT	Grove ST
27.7	S	cross Rt. 127 to Centennial Ave.
28.5	RT	Essex ST (Rte 133 West)
28.5		short loop rejoins here
28.8	RT	Essex Ave (Rte 133)
30.9	S	Rt. 133. (X-short loop rejoins )
31.5	S	Rt. 133 (option: RT on Concord)
34.3	S	Rt. 133 (Concord route rejoins)
35.1	S	Rt. 133
		(short and med. LT on Southern Ave)
35.8	S	Rt. 133 through Essex
38.1	RT	Old Essex Rd.
38.3	RT	Northgate Rd.
38.9	LT	Argilla Rd.
38.9	opt	LT Argilla to Crane Beach
40.7	LT	Rt. 133/1A in Ipswich
40.7	Opt	RT for Jeffreys Neck, Ipswich
41.9	LT	Lakemans Lane
42.2	RT	Fellows Rd.
43.3	S	triangle intersection
43.4	RT	Candlewood Rd.
43.5	LT	Chebacco Rd.
44.5	RT	Becker St.
45.8	RT	Story St. in Essex
46.1	RT	Western Ave.
46.2	RT	Rt. 22
46.3	LT	Apple St.
47.6	RT	Southern Ave.
50.5	LT	Lincoln St.
51	RT	Arrive Elementary School

RT= Right Turn    LT = Left Turn    BR = Bear Right    BL = Bear Left    S = Straight    X = Cross    ALT = alternative



Yellow "Dan Henry" indicating right turn ahead

Ride counter-clockwise along the Cape Ann coastline, through Gloucester, out to the Eastern Point Lighthouse, along Atlantic Ave., out to Rockport, back through Annisquam Village, and with an optional ride along the narrow winding roads in "West Gloucester" to Essex, then returning to Manchester