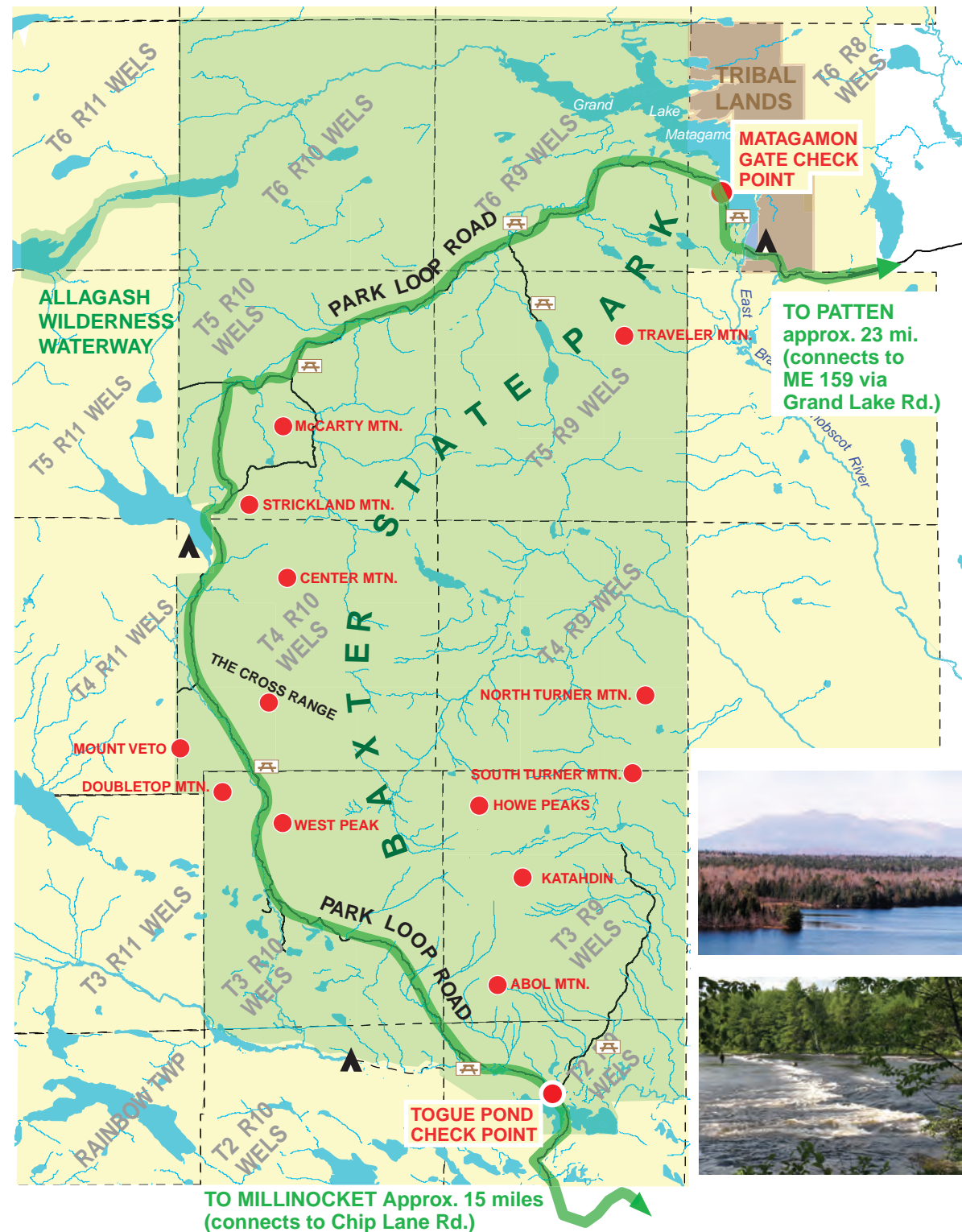




BAXTER STATE PARK / MOUNT KATAHDIN AREA

Although the Park Loop Road in Baxter State Park is not part of the tour, Tour 3 is close (half-hour drive) to the southern entrance to the park. The Park Loop Road is gravel through the entire length of the park. The road can be dusty or muddy depending on the season. **Bicycling is not allowed in any other part of the park.** This is a remote wilderness area with few services available. Therefore, planning ahead is very important. Take basic tools, spare parts, warm clothing, food, water, etc. It is also important to make reservations well in advance if planning to camp in the park. Several commercial campgrounds are available just outside the park perimeter. For more information on the park's services, attractions, limitations, and maps, contact the Baxter State Park: www.baxterstateparkauthority.com or call: 207-723-5140.



38-mile: Moderate terrain, hilly, for intermediate cyclists
68- and 74-mile: Challenging terrain for experienced cyclists

The Katahdin region has an abundance of natural resources, working forests, and farmlands. The "small town" atmosphere is very much alive in this region, bringing with it the serenity and security we remember from decades ago, when life wasn't in a fast lane, but moved rather slowly down the road, taking in the full beauty of its surroundings.

Medway (the starting point for these rides is 11 miles from Millinocket, gateway to one of the largest wilderness areas in the country—Maine's north woods. This multimillion-acre region is home to Baxter State Park, whitewater rafting opportunities, hundreds of pristine lakes and rivers, and numerous wildlife. It's incredible that this natural, unspoiled environment is just off I-95.

All three rides go along the west branch of the Penobscot River and pass by rural farms, forests, and logging communities. You will see views of Mt. Katahdin on the 68-mile ride.

Special features: Wildlife and birds; scenic Grindstone Falls with picnic area; view of Mt. Katahdin; Baxter State Park; Millinocket Historical Society Museum; art galleries in Millinocket

Road conditions: Generally fair to good. Watch for broken pavement.

Cautions: Logging trucks are common on roads in this area. Watch out for them. Some roads have no shoulders.

Starting point: All three rides begin at the Roy L. Powers Recreational Area parking lot on ME 157 in Medway. Take Exit 244 off I-95. Starting point is less than 2 miles west of exit.

See p. 9 for accommodation information and events in the area.

Starting Point: Roy L. Powers Recreational Area parking lot on ME 157 in Medway

CUE SHEET LEGEND	
R	RIGHT TURN
L	LEFT TURN
S	CONTINUE STRAIGHT
BR	BEAR RIGHT
BL	BEAR LEFT
QR	QUICK RIGHT
QL	QUICK LEFT

At	Go	Onto	For	Travel Information
<i>e d i r e l i m - 8 3 p o o l n</i>				
0.0	R	ME 11/157	0.3	Watch for logging trucks.
0.3	L	ME 116	16.3	No shoulder
16.6	L	Main Rd	0.5	Convenience store
17.1	R	Bridge Rd	0.4	Cross bridge over Penobscot River to US 2
17.5	L	US 2	8.3	Convenience store, picnic and swimming area
25.8	L	ME 157	11.9	Watch for logging trucks.
37.7	R	Roy L. Powers Recreational Area		End of Ride
<i>e d i r e l i m - 8 6 p o o l s l i m n a m r</i>				
0.0	L	ME 157	11.9	Watch for logging trucks. No shoulder after crossing under I-95.
11.9	L	US 2	26.1	US 2A bears right in Macwahoc. Stay on US 2.
38.0	L	ME 158	4.4	Sherman Mills has convenience store.
42.4	S	ME 11 South (Grindstone Rd)	25.0	ME 11 North turns right but watch for ME 11 South on left. No shoulder on ME 11 South. Picnic area and toilets at Grindstone Falls on East Branch of Penobscot River.
67.4	R	ME 11/157	0.3	
67.7	R	Roy L. Powers Recreational Area		End of Ride
<i>e d i r e l i m - 4 7 s e g a l l i V t o c s</i>				
0.0	L	ME 157	11.9	Watch for logging trucks. No shoulder after crossing under I-95.
11.9	R	US 2	2.9	Convenience stores, lodging, restaurants in Winn
14.8	L	ME 168 (Winn Rd)	10.0	No shoulder
24.8	L	ME 6	8.0	Paved shoulder on ME 6. Convenience store, ice cream shop, restaurant, and lodging in Lee
32.8	L	ME 169/170	3.5	Enter Springfield. No shoulder on ME 169/170, rough sections, broken pavement
36.3	BL	ME 170	16.4	No shoulder. Stay on ME 170 after Kingman.
52.7	L	US 2	9.1	Intermittent shoulder. Convenience store in Macwahoc.
61.8	R	ME 157	11.9	Watch for logging trucks.
73.7	R	Roy L. Powers Recreational Area		End of Ride