



**12-mile:** Gentle terrain for almost all cyclists

**30- and 42-mile:** Moderate terrain, hilly, for intermediate cyclists

Augusta, Maine’s capital city, and its neighboring cities and towns are rich in history, culture, industry, and commerce. The Capitol Building is the centerpiece for this special city. The 12-mile ride on the Kennebec River Rail Trail from Augusta through Hallowell and Farmingdale to Gardiner is as good as it gets. This trail follows alongside the Kennebec River and is the perfect way to travel by bike in this area. In scenic and historic Hallowell, you can bike on Water Street or walk your bike on the brick sidewalks. You can connect to the Rail Trail on either side of town. The Kennebec River Rail Trail is part of the East Coast Greenway; see the section in the back of this book.

The 30-mile loop includes the Kennebec River Rail Trail followed by an on-road route that takes you from the city to the country. It includes Hallowell, Cobbosseecontee Lake, and Jamie's Pond. There is a swimming hole at the outlet of Cobbosseecontee Stream. Don't forget your bathing suit.

The pleasant 42-mile ride takes you from the trailhead of the Kennebec River Rail Trail opposite Capitol Park (from which you can see Maine's Capitol) to the scenic lakes region west of Augusta that includes Hallowell, Gardiner, Litchfield, Monmouth, Winthrop, and Manchester. This region provides scenic views of Cobbosseecontee Lake (Cobbossee to locals), rolling farmland, apple orchards, and the Kennebec River.

**Special features:** State Capitol, Kennebec River, and Cobbosseecontee Lake

**Road conditions:** 6.5 miles of paved off-road trail; on roads, generally good; uneven surfaces and soft shoulders

**Cautions:** Narrow roads. Some roads have no shoulders.

**Starting point:** All tours start and end at the Kennebec River Rail Trail trailhead off Union St. in Augusta. Take State St. (US 201); turn onto Union St. at traffic light (opposite State Capitol); KRRT parking area is 0.1 mi on right. Park near trailhead. YMCA across parking area with public restrooms.



See p. 10 for accommodation information and events in the area.

**CUE SHEET LEGEND**

- R** RIGHT TURN
- L** LEFT TURN
- S** CONTINUE STRAIGHT
- BR** BEAR RIGHT
- BL** BEAR LEFT
- QR** QUICK RIGHT
- QL** QUICK LEFT



**Starting Point:** Capitol Park–Union St. parking lot at Kennebec River Rail Trail kiosk

At	Go	Onto	For	Travel Information
<b>12-mile ride (6 miles one way and return, mostly off-road and paved)</b>				
0.0	S	Kennebec River Rail Trail	0.2	Restrooms in YMCA
0.2	R	Kennebec River Rail Trail	1.2	Take left here 0.5 mi to downtown Augusta
1.4	S	US 201 (Water St, Hallowell)	0.6	<b>Caution:</b> Heavy traffic. Cyclists with children should walk bikes on sidewalk in Hallowell.
2.0	BR	Kennebec River Rail Trail	3.8	
5.7	S	Parking lot		Explore downtown Gardiner: shops and restaurants; large grocery store at trailhead parking lot has public restrooms.
	<b>Return</b>	Kennebec River Rail Trail		Option to return on Rail Trail to create 12-mi ride
<b>30-mile ride</b>				
5.7	S	Across parking lot	0.1	Exit parking lot at southernmost exit at stop sign.
5.8	R	Walk across bridge	0.0	Turn right immediately after crossing bridge into parking area.
5.8	QR	Parking lot	0.2	Continue through parking lot under bridge, bear left to ME 9/126
6.0	R	ME 9/126	4.5	Cross over I-95
10.5	L	Indiana Rd	3.0	
13.5	L	Unmarked road (Dennis Hill Rd)	0.2	At stop sign
13.7	S	Dennis Hill Rd	1.9	
15.6	L	ME 9/126	0.1	Convenience store and restaurant at Batchelders Crossing
15.7	R	Hallowell Rd	2.0	
17.7	BL	Neck Rd	4.8	
22.5	R	Collins Rd (becomes Outlet Rd)	3.4	Pass Jamie's Pond, lodging
25.9	BR	Vaughan Rd	1.0	
26.9	BR	Smith Rd	0.2	Portable toilets at ballpark
27.1	L	Hallowell Litchfield Rd	0.7	Cross over I-95. Vaughan Woods hiking trails on right.
27.8	L	Middle St	0.6	
28.4	R	Winthrop St	0.1	
28.5	L	US 201 (Water St, Hallowell)	0.1	<b>Caution:</b> Heavy traffic. Cyclists with children should walk bikes on sidewalk in Hallowell.
28.6	QR	Kennebec River Rail Trail	1.2	
29.8	L	Kennebec River Rail Trail	0.2	Cross RR tracks to starting point
30.0		<b>Capitol Park—Union St parking lot</b>		<b>End of Ride</b>
<b>42-mile ride</b>				
15.6	L	ME 9/126	3.3	Convenience store and restaurant at Batchelders Crossing
18.9	R	South Monmouth Rd	1.2	At yellow flashing light; convenience store
20.1	L	Fish Hatchery Rd	1.7	
21.8	L	Cobbossee Rd	1.8	Portable toilets on Cobbossee Rd at baseball field on left
23.6	BL	Maple St	0.3	
23.9	R	Main St	0.5	Post office, convenience store, food, and historic Cumston Hall
24.4	R	Berry Rd	0.6	RR crossing
25.0	L	ME 135 (unmarked)	7.6	At stop sign (T intersection)
32.6	R	South Rd	1.5	
34.1	R	US 202	2.3	
36.4	R	Kerns Hill Rd	1.6	
38.0	BR	Winthrop St	2.7	
40.7	L	US 201 (Water St, Hallowell)	0.1	<b>Caution:</b> Heavy traffic. Cyclists with children should walk bikes on sidewalk in Hallowell.
40.8	QR	Kennebec River Rail Trail	1.2	
42.0	L	Kennebec River Rail Trail	0.2	Cross RR tracks to starting point parking lot
42.2		<b>Capitol Park—Union St parking lot</b>		<b>End of Ride</b>