



14- and 18-mile: Gentle terrain, some hills, for almost all cyclists

33-mile: Moderate terrain, hilly, for intermediate cyclists

67-mile: Varied terrain, steep hills, for experienced cyclists

The 14-mile loop is short and flat through a forested area south of Bethel. Although ME 35 and ME 5 have no paved shoulders, the traffic volumes are light. This is a good introduction to road cycling. The 18-mile loop meanders along the Androscoggin River with great views of the countryside. The 33-mile loop takes you to one of the area's most famous landmarks—the Artists' Covered Bridge.

The 67-mile loop is truly a classic northern New England ride—great during spring, summer, or fall when the leaves turn color. Plan to spend two days on this splendid and challenging ride. This ride heads south through the foothills of the White Mountains. Along the way you will enjoy views of three mountain ranges and scenic Evans Notch, part of the White Mountain National Forest. The final leg follows the North Road that winds its way to Bethel hugging the Androscoggin River. Bicyclists are rewarded with more views of the White Mountains and area rivers and lakes.

All loops start from the pretty four-season resort town of Bethel.

Special features: Memorable mountain views, including the Baldface and Carter-Moriah mountain ranges and the White Mountains and Evans Notch; Androscoggin River views; hiking trails; Artists' Covered Bridge

Road conditions: Narrow roads with no shoulder except for US 2. *Wider road bike tires recommended.*

Cautions: Narrow road at Evans Notch and rough pavement along route. Some roads with no shoulders.

Starting point: All rides originate at the Davis Park/Bethel Pathway parking lot at the junction of ME 26 and Parkway Road. *Please park out of the way of picnickers.*

See p. 11 for accommodation information and events in the area.



Starting Point: Davis Park and Bethel Pathway parking lot (Junction of ME 26 and Parkway Rd)



CUE SHEET LEGEND	
R	RIGHT TURN
L	LEFT TURN
S	CONTINUE STRAIGHT
BR	BEAR RIGHT
BL	BEAR LEFT
QR	QUICK RIGHT
QL	QUICK LEFT

At	Go	Onto	For	Travel Information
14-mile ride			Songo Pond Loop	
0.0	R	ME 26	0.5	Bethel has services including bike repair.
0.5	L	Vernon St	6.9	
7.4	R	ME 5/35 (Songo Pond Rd)	5.9	In settlement of Town House
13.3	R	Mill Hill Rd	1.0	Changes to Main St after crossing Broad St in Bethel
14.3	L	Bethel Pathway parking lot		End of Ride
18-mile ride			Farm and River Loop	
0.0	L	ME 26	4.4	Caution: Truck traffic
4.4	L	East Bethel Rd	4.7	In Locke Mills
9.1	L	Intervale Rd	9.0	
18.1	R	ME 26	0.1	Continue straight for 0.5 mi to downtown Bethel.
18.2	R	Bethel Pathway parking lot		End of Ride
33-mile ride			Covered Bridge Ride	
0.0	L	ME 26	0.1	Caution: Truck traffic
0.1	L	Intervale Rd	11.9	
12.0	L	ME 232	0.5	Cross Androscoggin River
12.5	L	US 2/ME 5	9.9	Caution: Truck traffic
22.4	R	Sunday River Rd	2.1	
24.5	BR	To stay on Sunday River Rd	1.1	
25.6	BR	To stay on Sunday River Rd	0.5	Arrive at Artists' Covered Bridge
26.1	Retrace Route	To US 2/ME 5	3.7	
29.8	R	US 2/ME 5	2.5	
32.3	R	North Rd	0.1	
32.4	L	Bethel Pathway	0.8	
33.2	L	Bethel Pathway parking lot		End of Ride
67-mile ride			Evans Notch	
0.0	R	ME 26	0.5	Bethel has services including bike repair.
0.5	L	Vernon St	6.8	
7.3	L	Hunts Corner Rd (unmarked)	6.5	Just past Albany Town Hall
13.8	R	Bisbee Town Rd	3.2	Campground
17.0	BL	Sawin Town Rd	0.0	At yield sign
17.0	R	ME 35 North	0.9	Turn left for convenience store
17.9	S	ME 5	10.6	ME 35/5 goes right. Stay straight on ME 5. Cross bridge. Convenience store. Portable toilet at Keewaydin Dam.
28.5	BR	Hatch Hill Rd (unmarked)	0.5	Turn is just after Lovell fire station.
29.0	R/QL	Christian Hill Rd	0.8	
29.8	R/BL	Shave Hill Rd	1.5	At stop sign. Rough pavement.
31.3	R	Harbor Rd (unmarked)	1.6	At stop sign
32.9	BL	Continue on Harbor Rd	0.7	At intersection with Union Hill Rd
33.6	BR	Continue on Harbor Rd	1.2	At intersection with River Rd
34.8	R	ME 113 (Stow Rd)	21.0	At stop sign in North Fryeburg. To Evans Notch—White Mountain Nat'l Forest. Rest stops/picnic areas. Caution: Narrow, winding, hilly road with no shoulder.
55.8	R	US 2	0.3	Heavy traffic and no shoulder
56.1	L	Bridge St	0.4	In village of Gilead, look for sign to public boat access, which is on Bridge St. RR crossing.
56.5	BR	North Rd	9.3	Immediately after crossing bridge over Androscoggin River. Angevine Park (swim area). Caution: Truck traffic.
65.8	R	Bethel Pathway	0.8	
66.6	L	Bethel Pathway parking lot		End of Ride