SCCC's Flat Friday Double Crossing

Start: Rt. 9 Exit 3 CPL (Rt. 154) in Essex

NOTE: This route sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Ride Write-up: Wu-New126 **www.ctbikeroutes.org**

Mile	Dir	Road Info/Description
0.0	O	Start
0.0+	L	Out of CPL onto Rt. 154 south
1.8	L	Otter Cove Dr (park like entry)
2.5	BR	TCO Otter Cove Dr
3.4	BL	@ SS TCO Otter Cove Dr (n/s) (Lower Rd goes right here) >> Ayers Pt. Rd @ 3.6 mi.
4.0	L	@ end w/ SS on Essex Rd (n/s)
4.6	R	Onto bike path over Connecticut River on Baldwin Bridge
5.6	R	@ end of path on Rt. 156 (traffic)
12.1	L	Mile Creek Rd (careful turning)
14.5	L	@ SS TCO Mile Creek Rd
16.3	R	@ SS on Rt. 156
16.7	R	McCurdy Rd
17.5	R	>> Lyme St @ bend (big church)
18.3	ST	@ TL onto Rt. 1 north (after I-95)

Mile	Dir	Road Info/Description
29.1	R	@ SS onto Rt. 154 south
33.7	L	@ end w/ SS Old Boston Post Rd
33.7+	L	@ TL onto Rt. 1 (traffic)
34.4	R	@ TL onto Schoolhouse Rd
37.2	R	@ end w/ SS on Rt. 153 (traffic)
40.4	R	@ TL onto Rt. 154
40.4+	L	Into CPL (careful making turn)
40.5	O	Finish

Mile	Dir	Road Info/Description
18.7	BL	Sill Lane (careful turning)
19.7	BL	Saunders Hollow Rd
20.7	L	@ end w/ SS onto Rt. 156…use caution; road narrows
22.7	R	@ TL onto bike path (careful)
23.7	R	@ end of path onto Essex Rd
24.0	R	>> Ferry Rd @ right bend
25.3	ST	>> Rt. 1 @ entrance to I-95
26.0	L	@ TL TCO Rt. 1 (now Rt. 154) (use extra caution making turn)
26.3	R	@ TL on Stage Rd
26.4	L	@ end w/ SS on N. Main St (n/s)
26.5	ST	Cross Rt. 1 @ TL onto Rt. 154 (careful of traffic in town)
28.0	L	North Cove Rd (careful turning)
28.7	R	>> Cromwell Rd @ bend
29.0	L	@ SS onto Rt. 154 south

Mile	Dir	Road Info/Description

Key:

O = Start, End, Regroup	X = Cross
L = Left Turn	R = Right Turn
BL = Bear Left	BR = Bear Right
QL = Quick Left	QR = Quick Right
ST = Straight	TCO = To Continue On
SS = Stop Sign	RD = Reverse Direction
TL = Traffic Light	n/s = no street sign
>> = road name becomes	

Ride submitted by: SCCC (www.ctcycle.org)/DPS, 5/18/07 (updated 6/10/07) **RS-New126**