

## Essex to Old Saybrook Town Beach Ride

Start: Essex Plaza (Clark's Cycles), Rt. 154, Centerbrook (Essex)

NOTE: This route sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team

Ride Write-up: Wu-New182

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start
0.1	L	Rt. 154 (careful turn; traffic)
0.3	ST	@ TL TCO Rt. 154
2.0	L	Watrous Point Rd (careful turn)
2.6	BR	Azalea Way
2.7	L	@ end w/ SS on Otter Cove Rd
2.9	L	River Edge Rd
3.2	L	@ end w/ SS rejoin Otter Cove
3.9	ST	>> Ayers Point Rd (enters left)
4.4	L	@ end w/ SS on Essex Rd
5.3	R	>> Ferry Rd @ sharp right bend
6.2	ST	>> Boston Post Rd @ left bend
7.3	ST	@ TL X Rt. 154 to Mill Rock Rd E
7.7	L	@ bend on Mill Meadow Rd >> Research Pkwy
8.2	L	@ end w/ SS on Elm St
8.5	R	Lynde St

Mile	Dir	Road Info/Description
12.8	R	@ end w/ SS on Agawam Ave
13.1	L	@ end on Mohegan Ave
13.1+	R	Neponset Ave
13.3	L	Sharply on Sequassen Ave
13.6	ST	@ SS on Nibang Ave
13.8	L	@ end w/ SS on Rt. 154 (careful)
15.3	L	East Lane and...
15.3+	QR	Sea Lane
15.6	L	@ end w/ SS on Hartland Dr
15.7	O	Views @ Cornfield Point
-	R	Pratt Rd
15.7+	L	Billows Rd
15.9	R	@ end w/ SS on W. Shore Dr
16.0	ST	Town Beach Rd (careful: against one-way traffic)
16.1	R	TCO Town Beach Rd (n/s)
16.1+	L	@ end w/ SS on Rt. 154 (careful)

Mile	Dir	Road Info/Description
8.6	ST	@ TL X Rt. 1 TCO Lynde St
9.0	ST	@ SS X Old Post Rd to Pennywise Lane
9.3	R	@ end w/ SS on Rt. 154 (traffic)
10.0	L	No. Cove Rd (careful turn)
10.7	R	Cromwell Rd
11.0	L	@ SS on Rt. 154
11.2	ST	@ SS on Dock Rd to Saybrook Point
11.3	O	Saybrook Point (Artist's Colony Bldg)
-	RD	Retrace out to Rt. 154
11.4	L	@ SS on Rt. 154 - cross causeway
12.2	L	Nibang Ave (tour of Fenwick)
12.4	R	Fenwick Ave
12.6	R	Pettipaug Ave
12.7	R	Pattaquasset Ave

Mile	Dir	Road Info/Description
16.4	L O	Town Beach (comfort station)
-	L	Out of Town Beach on Rt. 154
17.7	L	Immediately before intersection on sidewalk beside Rts. 154 & 1
17.9	L	End of sidewalk on Old Post Rd
18.3	L	2 <sup>nd</sup> left on Sea Lane
		(Continued on Page 2)

**Key:**

O = Start, End, Regroup      X = Cross  
 L = Left Turn                      R = Right Turn  
 BL = Bear Left                      BR = Bear Right  
 QL = Quick Left                      QR = Quick Right  
 ST = Straight                      TCO = To Continue On  
 SS = Stop Sign                      RD = Reverse Direction  
 TL = Traffic Light                      n/s = no street sign  
 >> = road name becomes

