

From the Forest to the Sea
Start: Rt. 9 Exit 6 CPL (Rt. 148) in Chester

Ride Write-up: Wu-SL048

www.ctbikeroutes.org

Mile	Dir	Road Info/Description
0.0	O	Start
0.0+	L	Out of CPL onto Rt. 148 west
1.5	R	Cedar Lake Rd
3.1	L	Road to Pataconk Lake (sign)
3.4	O	<i>Pataconk Lake (views)</i>
-	BL	On service road past barrier; pavement is poor, but useable
4.9	L	@ barrier onto Rt. 148 (traffic)
5.6	R	Rt. 145 (Winthrop Rd) >> Cedar Lake Rd @ town line
6.4	L	Chester Airport access road
6.6	O	<i>Chester Airport</i>
-	RD	Retrace out on access road
6.9	L	@ SS onto Rt. 145
9.0	L	@ "Y" (at church) Mayer Rd Ext
9.1	L	@ end w/ SS on Rt. 80
9.2	R	@ TL Westbrook Rd >> Winthrop Rd @ town line
11.1	R	@ barrier on path to pond views

Mile	Dir	Road Info/Description
23.3	BR	Main St in Essex Village
23.7	O	CT River Museum at end of Main St @ CT River (views)
-	RD	Retrace out on Main St
23.9	R	Ferry St
24.0	L	@ end onto Pratt St
24.2	R	@ end w/ SS No. Main St >> River Rd
28.6	ST	>> Essex St (Rattling Valley and Book Hill roads go left)
29.6	L	@ end w/ SS on Rt. 154
29.7	R	Church St @ horseshoe courts
29.8	R	@ end w/ SS on Union St
30.0	ST	Cross Rt. 80 (Elm St) @ SS TCO Union St >> Straits Rd
31.5	L	@ SS on Spring St
31.7	R	@ SS on Bokum Rd
31.7+	L	@ end w/ SS on Rt. 148
32.5	L	CPL

Mile	Dir	Road Info/Description
11.2	O	<i>Messerschmidt Pond</i>
-	RD	Retrace out on path
11.3	R	Winthrop Rd >> W. Pond Meadow Rd
15.2	R	@ end w/ SS on Willard Rd
15.3	R	Railroad Ave just after bridge
15.4	ST	@ end w/ SS Old Clinton Rd
15.6	L	@ SS Wesley Ave
16.0	ST	Cross Rt. 1 @ TL to Seaside Ave
16.4	R	Bellstone Ave (don't miss turn)
16.7	R	@ end w/ SS Rt. 1 - traffic
17.0	BR	South Main St
17.3	R	@ TL rejoin Rt. 1
17.4	L	@ town green on Rt. 153 - traffic
17.4+	O	<i>Westbrook Town Green on left</i>
17.4+	TCO	Rt. 153 toward Essex
22.6	ST	X Rt. 154 @ TL onto West Ave

Mile	Dir	Road Info/Description
32.6	O	Finish

Key:	
O = Start, Regroup, Finish	X = Cross
L = Left Turn	R = Right Turn
BL = Bear Left	BR = Bear Right
QL = Quick Left	QR = Quick Right
ST = Straight	TCO = To Continue On
SS = Stop Sign	RD = Reverse Direction
TL = Traffic Light	n/s = no street sign
>> = road name becomes	