









Mile	Turn	Instruction
0	L	Clarks Rd. from Fairfield Inn
0.4	L	Main St.
1	R	Merrill St., cross 2 bridges
1.4	S	Spofford Rd. at wide intersection
1.7	R	Ferry Rd.
3	L	Hoyts Lane
3.6	L	Rt. 113 (arrowed "Bos")
EXTRA 16 mile Merrimack River loop (repeat day2)		
3.6	R	Rt. 113
5.7	R	Coffin St.
8.8	R	bridge over Merrimack River
9	R	River Rd. Stay right along river
10.9	R	River Rd. Stay right along river
11.4	S	becomes Pleasant Valley
14.5	R	Main St.
16.4	S	Main St. at Clarks Rd. rejoin route at mile 0.4
3.8	R	Turkey Hill Rd.
4.7	S	Turkey Hill Rd.
6.8	L	Scotland Rd.
9	R	Highland Rd.
9.7	R	Middle Rd.
11.5	L	Middle Rd.
12.7	R	Elm St. (possible road paving 1 mile)
13.8	L	Coleman Rd.
14.6	R	Hillside St.
15.6	R	Weathersfield St.
16.5	L	Long Hill Rd.
16.6	L	Dodge Rd.
17.3	S	Danels Rd.
18	R	Rt. 133
18.4	L	Leslie Rd.
19.9	R	Linebrook Rd.
21.3	L	Linebrook (Rowley) Rd.
22.3	L	Rt. 97
23.5	S	Main St. in Topsfield 
24.6	R	Salem Rd.
24.7	R	River Rd.
26.1	L	Washington (Endicott) St.
27.7	R	Peabody St.
28.9	R	Liberty St.
29.3	L	School St.
30.2	L	Essex St.
30.8	S	Cross Rt. 114 to Forest St. at light
34.4	L	Haverhill St.
36.1	BR	Haverhill St. in North Reading
36.2	S	Haverhill St. (Cross Rt. 62) 

(rest stop Ryers general store)

39.8	L	Bay State Rd. to avoid rotary
40.6	R	Main (Vernon) St.
41.4	R	Cordis St. 
41.8	L	Main St. (Rt. 129) along lake
42.4	R	Church St. in Wakefield
<i>(or continue into Wakefield on Main St. for lunch, you may wish to wait for van support to avoid urban cycling.)</i>		
42.8	S	Cross North Ave. onto Prospect St.
44.1	S	Cross Rt. 28 onto North St.
45.3	R	Mill St.
45.4	R	Salem St.
45.5	L	Salem Ave. before downtown Woburn
45.8	L	Schneider Court
45.9	L	Washington St.
46.3	R	Washington Circle (Central St.)
47.1	BL	D St. at cemetery
47.3	R	Washington St.
47.6	L	Sunset Rd. 
47.7	BR	Sawmill Brook Rd.
47.9	S	Highland Ave. (cross Forest St.)
49	BR	Mystic Valley Parkway , (X Mt Vernon)
50	R	Bacon St.
50.1	L	Mystic Valley Parkway
52	R	Rt. 60.
52.5	L	Rt. 60 in Arlington 
Do not turn on Minuteman Bikeway outbound		
52.6	L	Rt. 3/2A (Massachusetts Ave.) tricky -use Walk lights to cross twice
52.7	R	Minuteman Bikeway inbound
54.2	L	Around Alewife station completely
54.4	X	Cambridge Park Drive onto onto Rt. 16 sidewalk
55	BR	Traffic circle on Concord Ave.
55	X	Concord Ave, then left on bike path to bike lane along Rt. 16
55.6	BL	Huron Ave. bike lane (guardrail ends)
55.7	L	Huron Ave. bike lane (one way, bike lane)
56.4	R	Sparks Ave. (one way, bike lane)
56.6	L	Brattle St. 
56.9	R	Hawthorne St.
57.1		Cross Memorial Drive, bike crossing (or you may L on sidewalk and R on JFK St. in .3 mile)
57.2	L	Memorial Drive bike path, river (or cross Charles River at any bridge to Dudley path)
57.4	R	Harvard St. bridge (use sidewalk)
57.5	L	Paul Dudley bike path along river
61.5	R	Bike/ped bridge to Cambridge St. before Cambridge St. Bridge overpass
61.6	BL	Cambridge St after foot bridge. Walk!!
61.8	L	Blossom St.
62.0	R	Holiday Inn Beacon Hill (destination)

R= Right Turn L = Left Turn BR = Bear Right BL = Bear Left S = Straight X = Cross ALT = alternative
Follow yellow circle and arrow throughout route. Minimal marking in Boston area, no arrows on bike paths

Van support: Gordon (978) 979-6598, Barbara (413) 441-6105, Jimmy (978) 621-5935

Emergency/accidents/police : dial 911

Route prepared by Gordon Harris / Bike New England © 2009